



## Daily Symptoms Checker for OLOH School COVID Mitigation

During times of potential health Our Lady of Hope Catholic School will guard against the spread of illness. Please perform a daily health screening to assist with these efforts. If the individual responds NO to all questions in the following table, he or she may attend school. If the individual responds yes to any of the questions, he or she may not attend school. Please stay home and contact the school nurse at [nurse@ourladyofhope.net](mailto:nurse@ourladyofhope.net). It may be determined that you need to follow up with your child's health care provider for further guidance.

### Do you have any of the following symptoms NOW?

	No	Yes
A new and/or unexplained temperature of 100.4°F or greater	•	•
Sustained temperature of 100.4°F or lower with additional symptoms below	•	•
A new cough that cannot be attributed to another health condition	•	•
Shortness of breath (new issue, not a diagnosed medical issue)	•	•
Not feeling well; shaking/chills; feeling feverish; fatigue	•	•
A new headache (not just occasional; if accompanied with other symptoms no entry should be considered)	•	•
New muscle pain all over body (not a diagnosed medical issue)	•	•
New sore throat that cannot be attributed to another health condition	•	•
Nausea, vomiting, diarrhea	•	•
New loss of taste or smell	•	•
Congestion, runny nose, sore or scratchy throat	•	•

**If you are a close contact of someone who tested positive and you are not vaccinated and/or beyond the booster period, please stay home and contact the nurse for guidance.**