

Dear OLOH Families,

There is a lot of information to cover and we would like to provide additional clarity on the following COVID-19 topics:

### **ILLNESS/COVID Symptoms in School**

If a student is not feeling well during the day, the classroom teacher will notify the school nurse who will go to the classroom to take the student's temperature and assess their symptoms. If a student has a fever above 100.4 F and/or COVID like symptoms the student's parent will be notified to pick up the student and any siblings in the school. If the nurse determines that the student does not need to leave the school at this time the parent will be notified that an assessment was performed.

### **COVID SYMPTOMS → Return to School**

Let's use a hypothetical example to walk through our OLOH symptoms, testing and response protocol:

SCENARIO: Mary is experiencing symptoms consistent with COVID-19 (fever, feeling feverish, cough, difficulty breathing, sore throat, diarrhea, vomiting, abdominal pain, severe headache, muscle aches, new loss of taste or smell) but she has not been tested.

ACTION: Mary goes home (or stays home) along with any household members who are enrolled at the school. Mary is encouraged to see a medical doctor to determine if she/household members are positive for COVID.

#### **Return to School:**

If Mary is not evaluated by a medical doctor: she and her household members must quarantine at home for 14 days after the last known exposure or at least 10 days have passed since symptoms first appeared and be (fever-free/temp<100.4F for 24 hours without fever-reducing medication) before returning to school.

If Mary is evaluated by a medical doctor who diagnoses her with a non-COVID illness (did not test for COVID), Mary must follow the medical doctor's recommended stay at home duration and be fever-free/temp<100.4F for 24 hours without fever-reducing medication before she may return to school with a **doctor's note**.

Asymptomatic household members may return to school when Mary receives her non-COVID diagnosis from her doctor. Mary and household members should continue to self-monitor for symptoms.

If Mary is evaluated by a medical doctor and tested for COVID, she and her household members must stay home until she receives her test results.

#### **Negative Results:**

Mary must follow the medical doctor's recommended stay at home duration and be fever-free/temp<100.4F for 24 hours without fever-reducing medication before she may return to school with a **doctor's note**.

Asymptomatic household members can return to school when Mary receives her negative test result and continue to self-monitor for symptoms.

**Positive Results:**

Mary and household members must quarantine for 14 days. Household members are considered close contacts. Parent must contact the Loudoun County Health Department to report a positive test result.

This positive result notification will trigger the Loudoun County Health Department in coordination with the Office of Catholic Schools Risk Management Office to assess and advise on the steps moving forward to address mitigation procedures at OLOH. Families directly impacted will be notified as soon as these steps are identified.

Mary may safely return to school with a **doctor's note** based on the doctor's recommendation after 10 days have passed since her symptoms first appeared and she must also be fever-free/temp<100.4F for 24 hours without fever-reducing medication.